



Season IX Overview

Thank you for your interest in Groundworks Dance Company. We are looking forward to our ninth season and hope you will be part of it. The following is intended to give you some basic information about the training and programs we will offer for the 2026/2027 dance season. If you have questions after reading this, please reach out to us. We're happy to talk through your specific questions.

Training

Groundworks dancers train across all genres, including ballet, jazz, contemporary, modern, and hip hop. Students train a minimum of 12 hours per week but can train up to 18 hours a week, depending on the program selected.

Class Schedule

In Season IX, we are introducing age/level specific classes in addition to our all-company classes. Training across ages is a unique part of the Groundworks program that allows younger dancers to be inspired by the levels above them, and for more mature dancers to act as role models and teachers for the next generation of artists.

The class schedule for Season IX is similar to this:

		Studio A	Studio B
Monday			
	5:00	Teen / Senior Ballet	Junior Ballet
	6:30	All-Company Contemporary	
	7:30	All-Company Movement Invention	
	8:30	All-Company Acting for Dancers	
Tuesday			
	5:00		All-Company Hip Hop
	6:15	All-Company Conditioning	
	7:45	Teen / Senior Jazz	Junior Jazz
Wednesday			
	5:30	Pre-professional Mentorship	Optional tap
	6:15	Optional ballet pre-pointe / point	Pre-Professional Jazz



7:45		Pre-Professional Hip Hop
Thursday		
5:00	Junior Modern	Teen / Senior Modern
6:30	Junior Ballet	Teen/Senior Contemporary
8:00	Junior Contemporary	Teen Senior Ballet

Program Options

Apprentice (12 Hours)

The Apprentice program is designed for dancers who wish to train at a high level but are balancing other commitments. These dancers have the option to compete a solo, perform at our winter showcase, and participate in the company photoshoot and end-of-year celebration. This group of dancers has the option to attend conventions with Groundworks and to compete their piece at alternate competitions.

Performing Company (12-18 Hours)

The Performing Company attends between 4-6 competition events per year. These groups compete only at the advanced level and attend mostly convention competitions. Dancers and families choose the number of routines and genres they opt into.

Pre-Professional (15-18 Hours)

The pre-professional program includes additional training hours and unique class and resume building experiences. These dancers train a minimum of 15 hours per week and have the option to be part of the performing company. 15 hours of training, optional rehearsal for pre-professional dancers who are part of the performing company.

Level and Program Placement

Dancers will be placed in groups based on performance in auditions and during Summer intensives.

Auditions

In-person auditions will be held Friday, June 5 at 6:30 pm and August 1, at 11:00 am. Dancers who are interested in submitting a video anonymously can upload their application and video here: <https://upload.vloggi.com/projects/XWVG-000>